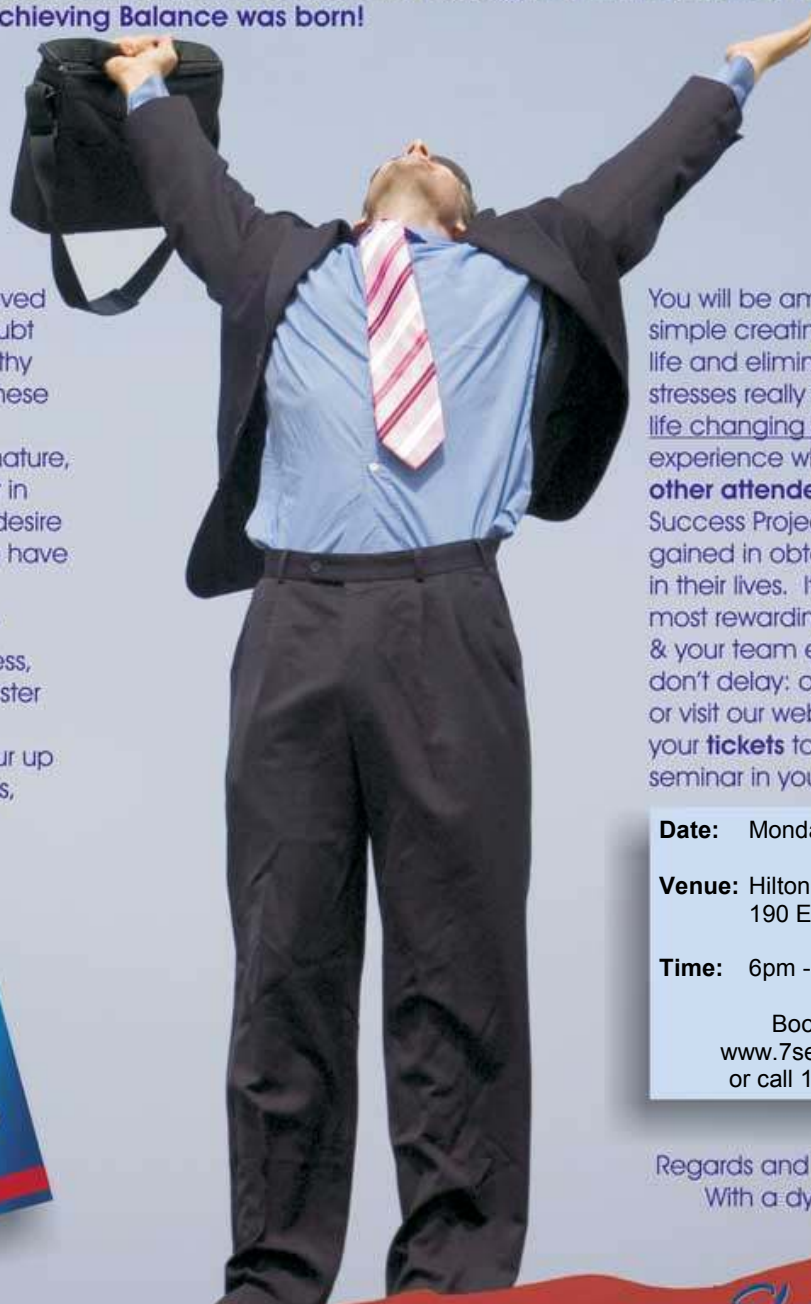


# Want to avoid burn out?

Do you want to know how you, your team or your life partner can obtain balance and avoid burnout? The solution is close at hand...

Hi, my name is **Shane Ellis**, and about 7 years ago I was forging ahead in my career as the owner of one of the largest & most successful law firms on the Gold Coast. I was burning the midnight candle in the office despite having a young family. I was heavily stressed, drinking far too much alcohol in an attempt to deal with that stress, and doing some really dumb things in my life. **I HIT THE WALL BIG TIME**, and was very close to total emotional and physical breakdown. **It was truly horrible!**

Luckily I had a friend that I confided in about my dilemma and he directed me to a path that had me "work on myself rather than in myself", and "on my business rather than in my business." That path was Neuro- Linguistic Programming (similar to the stuff that Anthony Robbins teaches around the planet) and now in addition to my legal qualifications I hold Masters, Trainers & Coaching qualifications in NLP and a certificate in Educational Kinesiology. **My life was turned around and the 7 Simple Secrets to Achieving Balance was born!**



You, your colleagues, loved ones and friends no doubt want to be happy, healthy and having fun in life. These are just some of the immutable patterns in nature, those things we all want in life, the patterns we all desire to have and deserve to have in our life.

Join the author of *The 7 Simple Secrets to Success*, The Success Project master presenter and human excellence coach to our up and coming young stars, **Shane Ellis** for this **life transforming** seminar.



You will be amazed at how simple creating balance in our life and eliminating unwanted stresses really are. Attend this life changing presentation and experience what almost **2500 other attendees** of this & the Success Project Seminars have gained in obtaining balance in their lives. It may be the most rewarding program you & your team ever attend! So don't delay: call, write, email or visit our website to obtain your **tickets** to the next seminar in your area.

**Date:** Monday 13 August 2007

**Venue:** Hilton Brisbane  
190 Elizabeth Street

**Time:** 6pm - 9pm

Book on line  
[www.7secrets.com.au](http://www.7secrets.com.au)  
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*Shane Ellis*  
Inspirationalist